tasti .catati	المستوي الثاني
المستوي الاول Fitness Coach	Group-Exercise-Training
Fittless Coacii	Group-Exercise-Training
1	1
Anatomy 1	Preliminary Exam
Anatomy 1 Exam	
2	2
Anatomy 2	Group Preliminary
Allatolliy 2	Preliminary group exercise Coach
	Tremmary group exercise couch
3	
Anatomy 3	
	_
4	
Basic Physiology	_
5	
Exercise Physiology	_
Exercise 1 Hysiology	_
6	
Endocrinology	
_	
7	
Biomechanics	_
8	٦
Exercise Psychology	
, ,,	_
	_
9	
Sport Psychology	
10	٦
10 Suspension Training	+
Suspension Halling	_
11	7
Myofascial release	
	

12		
Mobility		
13		
Pilates		
14		
Weightlifting		
15		
Powerlifting		
16		
Bodybuilding		
17		
Odd Objects		
oud objects		
18		
Kettlebells		
19		
CrossFit		
20		
Arm Wrestling		
Course		
21		
Preliminary		
This is Fitness Coach preliminary		

المستوي الثالث	المستوي الرابع
Strength & Conditioning	Rehabilitation-Coach
1	1
Plyometrics	1 Preliminary Exam
Tyometres	Tremmary Exam
	_
2	
Agility	1
	Corrective exercise
3	1
Power	2
	NKT
4	
	3
Strength	Z-Health
	2 Health
5	
Speed	4
	Neural Hacking
6	٦
Cognitive Performance	5
cognitive i cironnance	Kinesio Taping
	1 0
7	
Testing	6
	Rehab Trainer
8	7
Strength Preliminary	7
Preliminary Strength & Conditioning	PDTR
	2
	8 Manuel Therapies
	ivialiuei Therapies
	9
	Rehab Preliminary
	Preliminary rehab coach